

# ESC NEWSLETTER

The Elger Street Community (ESC) Group was established to build community connection among tenants, engage the community in a meaningful way and for tenants to advocate for each other. The ESC group enables Bridge Housing and tenants to work together on key issues and to seek feedback on proposed changes that could affect them. Tenants have the opportunity to raise issues about their community and inform the delivery of Bridge Housing's services.



## ESC UPDATE

Due to current Government restrictions the ESC meetings have been postponed until further notice. As a way to stay connected with members of the ESC and your community, a newsletter will be sent out until meetings can be rescheduled.

### Local updates:

Victoria Park Pool is set to reopen from June 1. Physical distancing measures apply.

### Reminders!

Bridge Housing's Annual Tenant Survey will be posted & emailed in June. Please remember to return your survey to be in with a chance of winning some great prizes!

Did you know you can access the latest Bridge Housing news, updates and information on tenant responsibilities online?

Visit [www.bridgehousing.org.au](http://www.bridgehousing.org.au). Join the Bridge Housing Online Community -Like and follow our Facebook Page -@BridgeHousingAu

## KNOW YOUR REPS

### Tania -ESC Chair

Tania is an advocate for ESC community, gets things moving and shaking, and whips up baked treats for community.



### Jonathan -Building1

hip, project planner, continues to manage the roof terrace gardens in building 1



### Sheree-Building 2

Advocate for tenants with a strong focus on tenant wellbeing, maintenance and repairs. A collector with an artistic flare!



### Eunice -Building 3

Advocate and support for Indigenous tenants, has a big smile and loves a good yarn.



### Sarah -Building 3

Advocate for tenants, has the finger on the pulse with the happenings in building 3



Ray - Art Club & Building 3  
Funky, creative and full of great ideas.



Brings people together

Get in touch with your reps:

Say hello!

Email: [homeiswhereitis17@gmail.com](mailto:homeiswhereitis17@gmail.com)

Rep letter box: Bld 1 - Labelled 'rep'



## Our Rooftop Gardens

'The Garden has been a real haven for residents while social distancing. Darren from Botanic Gardens Community Greening has been awesome in continuing the working relationship with building one's productive garden during "lockdown". All safety precautions have been practiced and met during his work with us. It's growing into a beautiful community driven and collaborative diverse effort which holds pride of place with many residents.

- Jonathan



## Good Neighbour Champion

Do you have a neighbour that goes above and beyond to make where you live a positive place to be? Are they a bin legend or keep the gardens and common areas looking beautiful?

You can nominate them to be a Good Neighbour Champion and have their name in the draw to win a \$50 gift card.



Contact the Community Team on 8324 0800 or email [community@bridgehousing.org.au](mailto:community@bridgehousing.org.au) and tell us about your neighbour and what makes them a champion.

## BRIDGE BUDDIES

Bridge Buddies aims to connect tenants and supports them to get to know other people in the tenant community. This will be done through matching 'buddies' together for conversation, email contact or in person meetings.

With Social distancing in place the program is supporting tenants to connect via phone, email or letter.

To sign up for the program contact the Community Team via email [community@bridgehousing.org.au](mailto:community@bridgehousing.org.au) or phone 8324 0800



## PANTRY PERFECTION

Tania's Quick Winter Tummy Warmer that won't break the bank

Red Curry Corn Soup (serves 4)

### INGREDIENTS

3 Tablespoons of Red Curry Paste

1 Tablespoon of olive oil

1 1/2 cups hot water

1 chicken stock cube

400 gms of Corn Kernels

400 gms of Creamed Corn

400 mls Coconut Cream



### METHOD

- 1) Dissolve stock cube in the hot water then set to one side.
- 2) In a pot on a medium heat, add the oil and red curry paste. Stir until the aroma of the spices are released .. 3 minutes.
- 3) Add your stock then begin to heat...5 minutes
- 4) Then add the drained corn kernels stir . Add the creamed corn continue stirring then lastly add the coconut cream cook for a further 15 minutes stirring occasionally as not to stick to the bottom of your pot.
- 5) Cook for a further 10 minutes then serve topped with a little or a lot of coriander.

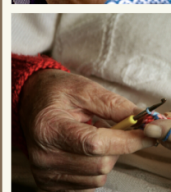
## ATTAG WELLBEING ART & CRAFT CLUB

Do you enjoy a little craft time? Are you working on an art project or thinking of starting one? Join the ATTAG Wellbeing Art and Craft Club! Meet people with similar interests and share ideas & tips.



Don't have the materials you need to start the project? We might be able to help. Register today!

Call Kamal 0427 601 709 or email [k.salim@bridgehousing.org.au](mailto:k.salim@bridgehousing.org.au)



## BRIDGE HOUSING UPDATE

Elger Street Outreach Office has been closed until further notice. The Bridge Housing Goulburn St office is still open however tenants are encouraged to contact staff over the phone.

If you need to come into the office please book an appointment first by phoning your Housing Manager on 8324 0800.



# Iso Art Club

Henry on  
Quarantin 2020  
R.M

## Elger Writer's

### "Bridge between Worlds"

Horror  
Loss  
Desperation  
Disconnection  
No grounding,  
No home,  
No identity

Lost in a horizonless ferocious sea, an untethered disconnected bouy, no light, no bell, no anchor...  
...surrounded on all sides, foreign depths forbidding foreign sky.

A seemingly endless place, high topped dumping waves of figures, red flags, stops signs. The creaking and snap of undersea trap doors, No map, no directions

Eventually Washed UP dripping, deposited on a dark twilight whispering road, between and beneath, cold damp concrete overpasses. A bridge between worlds appears at a time of hopelessness & homelessness

TIME PASSES...  
darkness unfeeling...

No power, No face, No life, No place

TIME PASSES...  
Opportunities lost,  
Memory forever distant.

Why am i here?  
How am i here?

Noise only and always in my head.  
24 LONG hours, again & again...  
Confusion in a frozen landscape,  
No state of a place...  
Panic and Fear my only constant, unweildly, unpredictable, unwanted companions.

For just a moment, a minute, an hour of not to worry... scouring endlessly thru the days

FAST FORWARD FINALLY  
to a place of DREAMS  
To a place of hope and self worth...  
Almost forgotten...  
...bashed out of me like a piece of beaten tenderised steak, blood everywhere, bleeding memories, exposed nerves and tendons, laid bare, laid waste

To a series of four walled empty rooms, that smell & feel like the beginnings of...  
A place  
A space  
A grounding.

A garden, planted & a life sustained, survived, the horror & loss of NOW, those years past.

But etched forever in my memory, for fear of not remembering, perspective, objectivity of identity.

The little garden,  
A sanctuary of hope,  
Hard grit,  
Will...  
...and finally of choice and beauty

The buds of that climbing Rose, The forever searching lime green tendrils and tendons of the newly planted Star Jasmine, curl their way around & along the little garden fence on a new journey.

Hope swells,  
Buds appear,  
soon to be flowers, taking root and blossoming...  
At the other end, of this Bridge between worlds.

I Sit in quiet contemplation, INHALE...  
Counting one two three

EXHALE...

Counting one two three

With a deep sense of calmness, gratification and finally, FINALLY...  
...a smile

TESTED like the lived, diverse experience of so many OTHERS.

The Bridge is HERE  
The other world is HERE  
MY life, THOUGHT and FELT long gone,  
Lost in the depths of an indistinguishable badly burt slow cooker "casserole"...  
...reeking of trauma, endless contradiction and bubbling baked on pain

A life...  
MY life,  
Finally again,  
IS HERE.

for Bridge

Anonymous  
September 2019



Luna Park waiting for  
Stage 3  
R.M



Week One  
Quarantine dot  
paint chair  
R.M



## What's new on Elger St

Sheree's Big Idea Grant application for an Electric grill and trolley for building 2 was approved. When restrictions ease tenants will be able to come together and enjoy it's use.

Eunice's application for outdoor seating at the front of Building 3 and Building 1 was approved and seats installed.

You can check out other successful grants and an application on the 'Big Ideas Grant' page on the Bridge Housing Website.

SHARE  
YOUR  
ART!

[Share your writing  
BIG or small with  
community@bridgehousing.org.au](mailto:community@bridgehousing.org.au)

# Have Your Say: ESC Logo and tag line

Jonathan and reps have been working on logo ideas and would like to hear from you.

Which best represents your community?

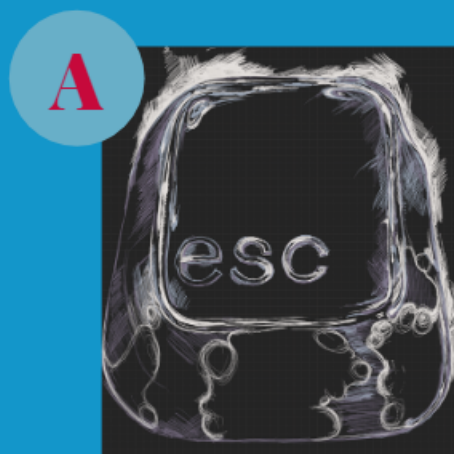
Select your preference from pictures **A** and **B**

AND

tag line **1** or **2**

Send your selections to [community@bridgehousing.org.au](mailto:community@bridgehousing.org.au)  
or SMS the community team on 0427 229 230

Note: logos are still a work in progress. The logo with the most votes will be finalised and used for ESC promotion and communication



Based on the esc 'key' on computer keyboard



Concept of 's' as a pathway of community support and interaction, with 'e' and 'c' safely nestled in

**1**

"TRUST, COMMUNICATE AND RESPECT"

**2**

"ADVERSITY. DIVERSITY. COMMUNITY"

## Services and Information

- Call this line if you are seeking information on COVID-19 - the line operates 24 hours a day, seven days a week 1800 020 080
- In an emergency contact 000 or Glebe Police Station 9552 8099
- **GAPP** Food parcels will be available Monday and Wednesday from 10am-1pm at Glebe Youth Service, 84 Glebe Point Road 9552 4164
- Beyond Blue 1300 224 636
- Health Direct 1800 022 222
- Mental Health Hotline 1800 011 511 for mental health emergencies and links to support

## WIN \$40

Send in an article for the next ESC Newsletter.

**The top two entries will win a \$40 voucher.**

You may wish to share a photo, piece of writing, recipe, gardening tips, health suggestions or Boredom busters.

What ever you think would be of interest to the Elger Street Community.

TO SHARE, CONTACT THE COMMUNITY TEAM

P: 02 8324 0800

E: [COMMUNITY@BRIDGEHOUSING.ORG.AU](mailto:COMMUNITY@BRIDGEHOUSING.ORG.AU)