



ESC NEWSLETTER



ESC UPDATE

We had a fantastic End of Year Lunch last week in the Community Room joined by many tenants and Bridge Housing Staff.

ESC election results were announced and here are your reps

Chair: vacant



Vice Chair
Jonathan



Building 3
& Art Club
Ray



Building 1
Nick



Building 3
Eunice



Building 2
Sheree



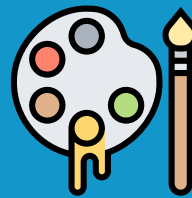
Computer classes
Greg

Meetings will be run with a rotating Chair and Minute taker. They will be held the second Tuesday of every second month. For a copy of the ESC Terms of Reference contact the Community Team. If you would like to recommend a guest speaker or organisation to come and speak, let your reps know!

**Next ESC Meeting is on Tuesday 9th February 2021
11am. RSVP to 8324 0836 or email
community@bridgehousing.org.au**

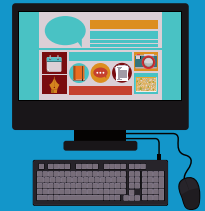
Both Sarah and Tania made decisions to step down from ESC rep roles. We thank you both for your contributions and advocacy for tenants living in Elger St.

What's new @ Elger St



Art Club returns Sunday 1pm-5pm from January 10th. Computers can be accessed during this time. Call Ray to book 0423 302 556 only 10 places!

Computer Classes with Greg
Tuesdays 1:30pm - 3:00pm
starting Jan 12th. Have a Q or
want to book a spot? Email
gregsfreepcclasses@gmail.com



Come and join tenants for Gentle Chair Yoga. Designed for aged and low mobility tenants. Six free sessions held at Elger St starting 25th January. Places limited call 8324 0836 for more info.

Uniting are running a free 8 week exercise class Wednesday 9:30am starting Feb 10th. To be eligible tenants need to be registered for an ACAT assessment. Visit Uniting at Outreach Wednesdays during January 1-4pm Community Room Building 3 to register!



Uniting

To my fellow tenants of the Elger Street Community or ESC,

It has certainly been quite the ride these past several years standing as the Chair & Rep for our tenant community. However I have chosen to step down from those roles.

I have always tried to do all I can to help advise, direct, advocate or be that knock at the door of those who are alone. I was a voice for those unsure how to navigate through the Bridge Housing processes.

Even though I have said that I will step down from my roles I will still continue to run Golden Oldies & Silverbacks group and support our aging community.

I will also continue attending and represent tenants with the Local Command, Local Residents groups, council meetings and on the NSW Tenant Community Housing Network.

It has been a absolute pleasure to meet a very eclectic colourful bunch of people in the community. A very big Thank You to the amazing caring tenants who have supported me all along the way.

I'll will always be around to give advice and a chat and or a cuppa.

- Tania





Our Rooftop Gardens 2021

Shout out to all the Elger Street "GREEN THUMBS" and garden enthusiasts out there.

Our Rooftop Terrace Gardens have come a long way this year with Building 2 and Building 3 submitting a garden application. We've received practical & material help and hands on greening workshops by Darren from RBG Community Greening Program.

What's been growing in our gardens?



Brown onions, Spring onions, garlic chives, sugar snap beans, mandarin, carrots, lettuce, cucumber, spinach, Bok Choy, lemon tree, rosemary, basil, thyme, oregano, climbing beans, parsley, mint, sage and coriander!

Look out for future workshop dates on the noticeboards in 2021.

Some garden beds may be temporarily impacted in 1 and 3 due to building works. We will receive enough notice of when and where this will be happening.



Be mindful and remember to adhere to COVID-19 safe guidelines in our community

For more information Visit:

<https://www.health.nsw.gov.au/Infectious/covid-19>

- Safe distance where possible 1.5 metres apart.
- ONLY 2 PEOPLE PER LIFT
- IF YOU ARE UNWELL STAY HOME
- Sneeze and cough into your elbow or a tissue.
- Wear a mask
- Wash/sanitize your hands where ever you go. On entry and when exiting.
- Remind visitors to be mindful too.

TESTING CLINIC RPA: Building 25 ,50 Missenden Road,

Tenant Focus: Ray



Just having celebrated his 65th birthday, Ray says that 2020 has been the worst and best year of his life.

The pandemic meant he could not see his family, kids and grandchildren in QLD.

But Ray recently finished studies in music performance and publicly performed his original song: RESPECT with a live band. Congratulations Ray!



Ray has been published in the My Sydney 2021 Calendar and features in January, August and December!



Do you have something to share for the newsletter? Pass it on to your reps or email community@bridgehousing.org.au

We understand the amount of rubbish thrown out can increase this time of year. Please keep garbage rooms clear of bulky items and dispose of rubbish in bins.

Call council to arrange a collection 9265 9333 or book online.



BRIDGE HOUSING OUTREACH

Outreach is on again!

When: Wednesdays 1:00pm -4:00pm

Where: Community Room Building 3

Who: Liz (Housing manager)

Make an appointment call 8324 0800

Rachel (Housing Support coordinator)

Make an appointment call 0455 440 143

AND come on down and see Uniting available during outreach.

